



His Hands International

Malnutrition Caught In Time

I was hungry and you fed me. Matthew 25:35a

Dania is one of the sweetest little girls I have met in Guatemala. Her eyes are bright and her smile exuberating. She will jump in your lap or arms and give you a loving hug.



Yet, despite this outward appearance, she is hurting on the inside. You see Dania is suffering from malnutrition. We were fortunate to spot the outward signs her little body was warning us and get her help in time.

Most of the time you can tell a child is malnourished by their hair. Dania and her brother Moises, both had extremely light and fine hair. Dania however, her hair was extremely thin and falling out, a sign of extreme malnutrition.

Our Program Coordinator took her to see a Nutritionist who evaluated both children and told us that we came just in time for Dania.



Listening to that still small voice after seeing a photo of Dania, I instructed Sarai, our Project Coordinator in Guatemala to get them help regardless of the cost.

I tell folks everywhere I go and speak, listen, then take action.

Again, had I not listened in this case, this precious life may have begun to have internal organ damage.

The Nutritionist came up with a plan for each child in the family. We purchased the necessary supplies and the Nutritionist made a

house call. She spent time with the whole family talking about proper nutrition. Then she showed them how to make the oatmeal like nutritional meal, which is packed with the necessary vitamins and minerals their bodies need.

This is practical Christianity. Living a "Christ" like life following the teachings of Jesus. Matthew 25 is a great example we try and follow.

Matthew 25:40b Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.

Will you help us with this project?

We need regular monthly supporters now more than ever. This program costs us about \$500 per month and growing as we help more families.

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Nutritionist



Sarai, Project Coordinator

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All donations are tax deductible as the law allows. We are a 501(c)(3) non-profit ministry.

Another Clean Water Project



Pictured to the left is the last well we did a few months back. In February 2017 we are trusting the Lord to provide for another well and bathing area. Currently families are bathing in the dirty water as pictured below. We need to raise another \$5500 to complete another well and build a clean water bathing area. This will greatly improve the health of everyone in this poor village, and again open the door for us to share our faith in Jesus! Please prayerfully consider how you can help us with a tax deductible gift. Listen for that still small voice...then take action!

Matthew 14:29

Be a water walker like Peter, take that step of faith, but, keep your eyes on Jesus!

The Mission Of His Hands International

To be the hands of Jesus showing compassion and love to the poor and needy, leading them to the Lord and His free gift of salvation. Proclaim and live the truth in Jesus name!

It is the mission of His Hands International to spread the Gospel of Jesus Christ by showing compassion as Jesus did in His ministry here on Earth and following His example. Jesus went out to the villages and the wells and met the people where they were. He is the Creator of everything, yet He humbled himself as a man and showed compassion. By following the examples of Jesus we show compassion

and provide food, clothing, and medical needs to those individuals that need it the most, all in the name of Jesus.

By meeting basic needs, it opens the door for us to share the

Gospel message of salvation.

Our mission & message have not changed in these past 10 years. Because His Words have not changed!



Dirty contaminated bathing area.